

New Life Christian Fellowship

1. Do you lay awake at night worrying? Have you fallen out with someone? Then you are not living in peace. This is a soul sickening place. If you want some rest, God can help you; but you need to re-tune your mind to his ways.

Relationships are tough, personalities clash, people let us down and we get hurt. Forgiveness is the key to peace. It is not a 'let of' for our offenders, it is a release for your soul. God wants us to forgive, as he forgives us. Pray for those who have hurt you, ask for guidance of how you can make peace.

'I knew that people expected me to harbour anger towards whites. But I had none. In prison, my anger towards whites decreased... I wanted South Africa to see that I loved even my enemies while I hated the system that turned us against one another.' Nelson Mandela

For those trapped in the torment of worry, seek the peacemaker of your soul – Jesus. He will listen to your troubles, and gives peace that passes all human understanding. I know I have been there; sleepless nights with twisted insides. Worry is a hard habit to break, it does not help or change things. Turn to Jesus, the Prince of Peace.

Make peace with God, seek peace with mankind and let Jesus give you his incomprehensible peace: “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.” Matthew 11:28-30. Seek his peace today.

Please call if you want someone to talk to or would like us to pray for you: 01834 831533/07827 293781.

New Life Christian Fellowship meet at Kilgetty Community Centre, 10.45am on Sundays.